

# SHANA

BY THE BEACH

MANUEL ANTONIO



@shanabythebeach



Coment your experience in  
our TripAdvisor feed

*Shana Restaurant*

Menu  
ENGLISH

SHANA  
BY THE BEACH  

---

MANUEL ANTONIO

*Shana by the Beach es la marca líder mundial en exclusivos resorts de estilo de vida. Abrazando la cultura, la belleza, la pureza y la perfección de su entorno natural. Shana by the Beach en Manuel Antonio garantiza a los huéspedes una experiencia de viaje única y exclusiva.*

*Complementado por un diseño distinguido, cocina local orgánica, aventuras ecológicas y comodidades hoteleras excepcionales, este nuevo hotel en Costa Rica se encuentra entre los hoteles de estilo de vida más exclusivos y prestigiosos del mundo.*

*Shana by the Beach is the world's leading brand in exclusive lifestyle resorts.*

*Embracing the culture, beauty, purity, and perfection of its natural environment. Shana by the Beach in Manuel Antonio guarantees guests a unique and exclusive travel experience. Complimented by distinguished design, organic local cuisine, ecological adventures, and exceptional hotel amenities, this new hotel in Costa Rica is among the most exclusive and prestigious lifestyle hotels in the world.*

## APPETIZERS

### Fish Ceviche

*Pieces of fish marinated in lemon, with fine julienne onions & bell pepper, sifted with fresh coriander & accompanied with plantain chips*

\$ 13.82 +IVA \$ 17 IVAi

### Tuna Tartare

*Fine piece of tuna, macerated with sesame oil soy sauce and lime, avocado & mango on top accompanied with plantain chips*

\$ 16 +IVA \$ 19.68 IVAi

### Italian Bruschetta

*Bocconcini cheese with tomato topping dressed with basil garlic & onion with extra virgin olive oil on crusty bread*

\$ 9.7 +IVA \$ 11.9 IVAi

### Octopus Carpaccio

*Thin slices of octopus cooked in the best rioja style, lined with extra virgin olive oil, lemon and spices with a light arugula & parmesan salad*

\$ 22.68 +IVA \$ 27.9 IVAi

### Italian Antipasto

*A range of our best cold meats and cheeses accompanied by homemade wood baked bread*

\$ 29.2 +IVA \$ 35.9 IVAi

## SALADS

### Caprese

*Fresh tomato slices, bocconcini cheese intertwined with basil seasoned with extra virgin olive oil sifted with black pepper*

\$ 12.9 +IVA \$ 15.86 IVAi

### Cesar with Chicken

*Cesar with Chicken*

\$ 20 +IVA \$ 24.6 IVAi

### Shrimp Tropical

*Grilled fresh shrimp with chimichurri & spices on top of lettuce, carrot, cherry tomatoes, cucumber & beetroot*

\$ 23.5 +IVA \$ 28.9 IVAi

### Shana Salad

*Grilled Tuna on a bed of lettuce, carrot, cucumber, beet, fresh mozzarella & tomatoes*

\$ 24 +IVA \$ 29.5 IVAi

### Salmon Salad

*Grilled salmon on a bed of lettuce, carrot, cucumber, mango, strawberry & tomatoes*

\$ 21.95 +IVA \$ 27 IVAi

## TIPYCAL MENU

### Rice with Chicken

*Shredded chicken sauteed with rice, onion, bell pepper and sifted coriander accompanied with potato wedges and salad*

\$ 17.96 +IVA \$ 22.1 IVAi

### Rice with Shrimp

*Shrimp sauteed with rice, onion, bell pepper and sifted coriander accompanied with potato wedges and salad*

\$ 21.13 +IVA \$ 25.98 IVAi

### Rice with Seafood

*Delicious seafood mix with rice, onion, bell pepper Costa Rican Style accompanied with potato wedges and salad*

\$ 23.9 +IVA \$ 29.39 IVAi

### Chicken soup

*Traditional mix of chicken, carrot, potato, broccoli in the best Costa Rican Style accompanied with rice*

\$ 12 +IVA \$ 14.76 IVAi

## FISH AND SEAFOOD

### Isolana fish filet

Fresh catch of the day filet bathed in a sauce of dry tomatoes, olives, wine & garlic with spices on a timbale of mashed potatoes and vegetables

\$ 28 +IVA \$ 34.4 IVAi

### Limoncello fish filet

Fresh catch of the day filet with a lemon cream on top of spaghetti aglio e olio

\$ 28 +IVA \$ 34.4 IVAi

### Grilled Salmon

Grilled salmon on a fresh bed of vegetables and mashed potatoes

\$ 30.8 +IVA \$ 37.88 IVAi

### Ocean Blue Tuna

Fresh tuna marinated in soy and sesame oil, sesame seeds on a fresh bed of grilled vegetables and mashed potatoes

\$ 32 +IVA \$ 39.36 IVAi

### Whole Red Snapper

From the coast to your table, a finely marinated fresh fried snapper accompanied by crispy fried plantains and a fresh green salad

\$ 31 +IVA \$ 38.13 IVAi

### Grilled Octopus

Octopus cooked Galician Style, grilled with oils and spices from South America served over potato wedges and grilled vegetables

\$ 38.15 +IVA \$ 46.9 IVAi

### Seafood soup or cream

A delicious mix of fresh seafood, cooked in a fish stock in cream or consomme, with onion and bell pepper sifted with fresh coriander, accompanied by rice

\$ 25 +IVA \$ 30.75 IVAi

### Shana Shrimp

Grilled large shrimp in a garlic and butter menier sauce, accompanied by mashed potatoes and grilled vegetables

\$ 34.96 +IVA \$ 43 IVAi

### Shana Lobster

Grilled whole lobster in a garlic and butter menier sauce, accompanied by potato wedges and grilled vegetables

\$ 52.8 +IVA \$ 64.94 IVAi

### Seafood platter for 2 people

Fresh seafood (whole snapper with mixed seafood) sauteed and accompanied by potato wedges and salad

\$ 102.92 +IVA \$ 126.6 IVAi

## BEEF & POULTRY

### Lake Chicken

Grilled chicken breast in a mushroom cream, accompanied by seasonal mashed potatoes and sauteed vegetables

\$ 19.95 +IVA \$ 24.53 IVAi

### Stuffed Chicken

Chicken breast stuffed with ham, fresh mozzarella and basil in white sauce, served with seasonal mash and salad

\$ 22.9 +IVA \$ 28.16 IVAi

### Ribeye Steak green pepper sauce

Our delicious grilled meat in green pepper sauce, accompanied with sauteed vegetables and mashed potatoes

\$ 34.96 +IVA \$ 43 IVAi

### Tenderloin Mushroom sauce

Grilled tenderloin in wine sauce and mushrooms, accompanied by potato wedges and grilled vegetables

\$ 37.23 +IVA \$ 45.8 IVAi

### Argentinian Sirloin

Argentinian-Style aged loin cut, grilled with chimichurri on top

\$ 38.22 +IVA \$ 47 IVAi

### BBQ St Louis Ribs

Ribs cooked in the oven and then grilled, with a homemade BBQ sauce accompanied with potato wedges and salad

\$ 31 +IVA \$ 38.1 IVAi

### Surf and Surf

Fresh catch of the day with garlic prawns accompanied with mashed potatoes and grilled vegetables

\$ 46 +IVA \$ 56.58 IVAi

### Surf and Turf

Grill tenderloin with garlic prawns accompanied with mashed potatoes and grilled vegetables

\$ 53.4 +IVA \$ 65.68 IVAi

## SNACKS

<b>Chicken Wrap</b> <i>Grilled chicken pieces, lettuce, pico de gallo and bacon with house dressing wrapped in a flour tortilla</i>	\$ 14.9 +IVA	\$ 18.32 IVAi
<b>Tuna Wrap</b> <i>Fresh tuna, mango, lettuce, tomato, cucumber, avocado, carrot with house dressing wrapped in a flour tortilla</i>	\$ 16.9 +IVA	\$ 20.78 IVAi
<b>Chicken Quesadilla</b> <i>Grilled chicken with mozzarella cheese accompanied by guacamole and pico de gallo</i>	\$ 14.9 +IVA	\$ 18.32 IVAi
<b>Chicken or Shrimp Tacos</b> <i>Two tortillas (flour or corn) filled with purple-white cabbage, cilantro, cucumber, tomato with shrimp or chicken</i>	\$ 16.9 +IVA	\$ 20.78 IVAi
<b>Chicken Fingers</b> <i>Crispy breaded chicken strips served with french fries</i>	\$ 11.95 +IVA	\$ 14.7 IVAi
<b>Fish Fingers</b> <i>Breaded fish slices accompanied with french fries</i>	\$ 13.16 +IVA	\$ 16.18 IVAi
<b>BBQ Chicken Wings, Buffalo or Mango-Chipotle</b> <i>Breaded chicken wings with your favorite sauce choice accompanied with carrots and celery</i>	\$ 13.36 +IVA	\$ 16.43 IVAi
<b>Burger (Beef, Chicken)</b> <i>Homemade bread, beef or chicken with cheese, bacon, onion, lettuce and tomato served with french fries</i>	\$ 18.65 +IVA	\$ 22.94 IVAi
<b>Fish Burger</b> <i>Homemade bread with grilled or breaded fish, arugula, onion, tomato and tartar sauce accompanied by french fries</i>	\$ 16.82 +IVA	\$ 20.7 IVAi
<b>Chips de Platano</b> <i>Crispy plantain chips with an avocado dip</i>	\$ 8.24 +IVA	\$ 10.1 IVAi
<b>Truffled Potatoes with Parmesan</b> <i>Natural potatoes with parmesan cheese and truffled oil</i>	\$ 8.24 +IVA	\$ 10.1 IVAi

## PASTA

*Choose your type of pasta*

### Spaghetti, Fettucine, Penne

<b>Bolognese</b> <i>Traditional beef pasta with pomodoro</i>	\$ 15.9 +IVA	\$ 19.55 IVAi
<b>Puttanesca</b> <i>Traditional puttanesca pasta, olives, bell pepper, mushroom, anchoives, pomodoro and spicy</i>	\$ 17 +IVA	\$ 20.9 IVAi
<b>Chicken Alfredo</b> <i>Fresh pasta with chicken bechamel sauce</i>	\$ 18.96 +IVA	\$ 23.3 IVAi
<b>Seafood Pasta</b> <i>Fresh seafood sauteed with tomato, garlic, butter and parsley</i>	\$ 29.3 +IVA	\$ 36.03 IVAi
<b>Checca</b> <i>Sauteed with tomato, garlic, basil, onion and bocconcini cheese and dressed with a little pomodoro</i>	\$ 15.45 +IVA	\$ 19 IVAi
<b>Vongole</b> <i>Clams, olive oil, parsley, garlic and white wine</i>	\$ 15.9 +IVA	\$ 19.55 IVAi
<b>Gorgonzola and Shrimp</b> <i>Creamy gorgonzola and shrimp pasta with basil and garlic</i>	\$ 25.93 +IVA	\$ 31.9 IVAi
<b>Lobster pasta for 2 people</b> <i>Sauteed Shrimp with fresh tomatoes and garlic with a fresh lobster cooked on the oven</i>	\$ 85.86 +IVA	\$ 105.6 IVAi

## PIZZA

<b>Nutella</b> <i>Nutella and strawberries</i>	\$ 12 +IVA	\$ 14.76 IVAi
<b>Margherita</b> <i>Mozzarella, pomodoro, basil</i>	\$ 15 +IVA	\$ 18.45 IVAi
<b>Ham</b> <i>Mozzarella, pomodoro and ham</i>	\$ 16.22 +IVA	\$ 19.95 IVAi
<b>Ham and Mushroom</b> <i>Mozzarella, pomodoro, ham and mushroom</i>	\$ 18.22 +IVA	\$ 22.4 IVAi
<b>Vegetarian</b> <i>Mozzarella, pomodoro, eggplant, mushroom, onion, zucchini and bell pepper</i>	\$ 19 +IVA	\$ 23.37 IVAi
<b>Shana in Flames</b> <i>Mozzarella, pomodoro, bacon, onion and jalapeños</i>	\$ 21 +IVA	\$ 25.8 IVAi
<b>Pigglet Pizza</b> <i>Mozzarella, pomodoro, italian sausage</i>	\$ 21 +IVA	\$ 25.8 IVAi
<b>Shana</b> <i>Mozzarella, pepperoni, pomodoro, bacon and onions</i>	\$ 21 +IVA	\$ 25.8 IVAi
<b>Hawaiian</b> <i>Mozzarella, pomodoro, ham and pineapple</i>	\$ 18.22 +IVA	\$ 22.4 IVAi
<b>Seafood Pizza</b> <i>Mozzarella, pomodoro, garlic and mixed seafood</i>	\$ 28.95 +IVA	\$ 35.6 IVAi
<b>Capricciosa Pizza</b> <i>Mozzarella, pomodoro, ham, olives, mushrooms, artichoke and salami</i>	\$ 23.3 +IVA	\$ 28.65 IVAi
<b>4 Cheese Pizza</b> <i>Mozzarella, parmesan, gorgonzola and fontina</i>	\$ 20.32 +IVA	\$ 25 IVAi
<b>Pepperoni Pizza</b> <i>Mozzarella, pomodoro, pepperoni</i>	\$ 18.22 +IVA	\$ 22.4 IVAi
<b>Prosciutto and Arugula</b> <i>Mozzarella, pomodoro, prosciutto, arugula and parmesan cheese</i>	\$ 21.13 +IVA	\$ 26 IVAi
<b>Azurra Pizza</b> <i>Mozzarella, pomodoro, shrimp and gorgonzola</i>	\$ 21.13 +IVA	\$ 26 IVAi

## FOCACCIAS

<b>Classic Focaccia</b> <i>Focaccia bread with rosemary garlic and extra virgin olive oil</i>	\$ 11 +IVA	\$ 13.53 IVAi
<b>Caprese Focaccia</b> <i>Focaccia bread with rosemary, garlic, fresh mozzarella, basil and tomato</i>	\$ 17 +IVA	\$ 20.9 IVAi

## JAPANESE

<b>Edamame</b>	\$ 6.2 +IVA	\$ 7.62 IVAi
<b>Tuna Sashimi</b> <i>5 pieces of fresh tuna</i>	\$ 6.5 +IVA	\$ 7.99 IVAi
<b>Salmon Sashimi</b> <i>5 pieces of salmon</i>	\$ 6.99 +IVA	\$ 8.6 IVAi
<b>Mixed Niguri 3 pieces</b> <i>Mahi mahi, tuna and salmon</i>	\$ 9.53 +IVA	\$ 11.72 IVAi
<b>Yakimeshi fried rice</b> <i>Fried rice with vegetables.</i>	\$ 14 +IVA	\$ 17.22 IVAi

## ROLLS

<b>California</b> <i>Avocado, cucumber, kanikama and sesame seeds</i>	\$ 9 +IVA	\$ 11.07 IVAi
<b>Philadelphia</b> <i>Filled with salmon, avocado, cream cheese with avocado and salmon topping</i>	\$ 13.5 +IVA	\$ 16.6 IVAi
<b>Spicy Tuna</b> <i>Filled with tuna, togarashi, sesame and chives covered with chili garlic sauce</i>	\$ 11.5 +IVA	\$ 14.14 IVAi
<b>Quepoa Roll</b> <i>Filled with teriyaki octopus, chives covered with pieces of octopus with mayoshirasha and chives with sesame</i>	\$ 15 +IVA	\$ 18.45 IVAi
<b>Tico Roll</b> <i>Filled with sauteed tenderloin with red onion, teriyaki sauce, and avocado, covered with sweet plantain, with hot cream cheese and unagi sauce</i>	\$ 13.5 +IVA	\$ 16.6 IVAi
<b>Shana</b> <i>Filled with shrimp tempura, kanikama covered with crispy tempura and unagi sauce</i>	\$ 13.5 +IVA	\$ 16.6 IVAi
<b>Veggie</b> <i>Filled with with avocado, cucumber and carrot with sesame topping</i>	\$ 9 +IVA	\$ 11.07 IVAi
<b>Hosomaki to Choose</b> <i>Shrimp, teriyaki tuna or salmon roll with nori on the outside stuffed with rice</i>	\$ 9 +IVA	\$ 11.07 IVAi

## VEGAN

### Mixed Salad with Seeds and Strawberries

*Lettuce, tomato, onion, cucumber, seeds and glazed pear*

\$ 12.95 +IVA \$ 15.92 IVAi

### Burger

*Falafel cake, sweet plantain, tomato, lettuce and french fries*

\$ 18.71 +IVA \$ 23 IVAi

### Curry Vegetables

*Mix of baked vegetables in a curry and coconut sauce*

\$ 18 +IVA \$ 22.14 IVAi

### Vegetarian Grill Antipasto

*(Grilled zucchini, eggplant and tomatoes) olives, onion, confit garlic, arugula, tempura cauliflower*

\$ 19 +IVA \$ 23.37 IVAi

### Vegi Pasta

*Grilled mixed vegetables (eggplant, mushrooms, zucchini and basil) pomodoro sauce*

\$ 15.63 +IVA \$ 19.22 IVAi

## DESSERT

### Brownie with Ice Cream

\$ 7.93 +IVA \$ 9.75 IVAi

### Coconut Flan

\$ 7.93 +IVA \$ 9.75 IVAi

### Pineapple flambeed with Sambuca and Ice Cream

\$ 11 +IVA \$ 13.53 IVAi

### Blackberries & Strawberries Cheesecake

\$ 7.93 +IVA \$ 9.75 IVAi

### Fruit plate

\$ 6.5 +IVA \$ 8.03 IVAi

### Dessert of the day

\$ 7.93 +IVA \$ 9.75 IVAi